

Angel of God

Angel of God, my guardian dear, to whom God's love, commits me here, ever this day, be at my side,
to light, to guard, to rule and guide.

Amen.

Act of Contrition

O my God, I am heartily sorry for having offended you, and I detest all of my sins, because of your just
punishments, but most of all because I offend you, my God, who are all good and deserving of all my
love. I firmly resolve, with the help of your grace, to sin no more and to avoid the near occasions of sin.

Amen

Our Father

Our Father, who art in heaven, hallowed by thy name; thy kingdom come, thy will be done on earth as it
is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who
trespass against us; and lead us not into temptation, but deliver us from evil.

Amen

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and ever
shall be, world without end.

Amen

Hail Mary

Hail Mary, full of grace! The Lord is with thee. Blessed art thou among women and blessed is the fruit of
thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen

Morning Offering

My God, I offer you today all I think and do and say, uniting it with what was done on earth, by Jesus
Christ your Son.

Amen

Grace

Bless us O Lord and these thy gifts, which we are about to receive, from thy bounty, through Christ our
Lord.

Amen

Sign of the Cross

In the name of the Father, and of the son, and of the Holy Spirit.

Amen

The Beatitudes

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are the meek, for they shall possess the earth.

Blessed are they who mourn, for they shall be comforted.

Blessed are they who hunger and thirst for justice, for they shall be satisfied.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the clean of heart, for they shall see God.

Blessed are the peacemakers, for they shall be called children of God.

Blessed are they who suffer persecution for justice' sake, for theirs is the kingdom of heaven.

Blessed are you when men reproach you, and persecute you and speaking falsely, say all manner of evil against you, for My sake.

Hail Holy Queen

Hail, holy Queen, Mother of mercy! Our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve, to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy towards us; after this our exile, show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ.

The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, Our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell, the third day he arose from the dead; He ascended into heaven, sitting at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting.

Amen

Act of Faith

O my God, I firmly believe that you are one God in three divine Persons, Father, Son and Holy Spirit; and I believe that your divine Son became man and died for our sins, and that he will come to judge the living and the dead. I believe these and all truths which the Holy Catholic Church teaches, because you revealed them, who can neither deceive nor be deceived.

Amen

Act of Hope

O my God, relying on your infinite goodness and promises, I hope to obtain pardon for my sins, the help of your grace and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

Amen

Act of Love

O My God, I love you above all things, with my whole heart and soul because you are all good and worthy of all love. I love my neighbor as myself for the love of you. I forgive all who have injured me and I ask pardon of all whom I have injured.

Amen

Memorare

Remember, most loving Virgin Mary, never was it heard that anyone who turned to you for help was left unaided. Inspired by this confidence, through burdened by my sins, I run to your protection for you are my mother. Mother of the Word of God, do not despise my words of pleading but be merciful and hear my prayer.

Amen

Prayer to St. Michael

St. Michael the archangel, defend us in our day of battle; protect us against the deceit and wickedness of the devil. May God rebuke him, we humbly pray. And you, O prince of heavenly host, by the power of God, banish into hell Satan and all of the evil spirits who roam through the world seeking to ruin souls.

Amen